

TIDINGS



WELCOME TO THE RIVER FALLS ROTARY CLUB

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The ROTARY Four-way Test

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendships?
- Will it be beneficial to all concerned?

River Falls Rotary Vision Statement:

*“Enhancing Opportunities for
Youth; Creating a Better World
for All.”*

MEETING REPORT

President Brian McQuade called the meeting to order. Randy Cudd shared a devotion, after which Brian led the pledge, 4-way test and club mission statement.

GUESTS:

Steve Gall, Rivertown Publishers
Livia and Michelle Klichevski
Sofia, Exchange Student
Al Drazil and Jan Barker, Presenters

ANNOUNCEMENTS:

IT TAKES A VILLAGE: Elaine invited everyone to the “It Takes a Village” fundraiser for Haiti this Sunday.

GSE TEAM: We are hosting a GSE team from Australia May 16-18. 4-6 hosts are needed. If interested in helping plan their experience or host a visitor, please let Rick Wilson know. The team will be making a presentation to all of the clubs in the region at noon on Thurs, 5/18.

HAPPY BUCKS:

Steve collected Happy Bucks for the Chamber’s Awards Dinner, Carole’s recognition as Citizen of the Year, general happiness, guests, missed meetings and:

- Steve thanked Chris for her leadership of the Chamber;
- Terry is nervous about her granddaughter’s asthma;
- Chris noted that Rotary was well represented at the Awards Dinner;
- Jason is enjoying his son’s passion for basketball, even when he doesn’t win;
- Dale made a trip to North Dakota to purchase a car for his granddaughter;
- Gorden and his students are surviving “so far;”
- Max enjoyed the fire department’s annual chili oyster feed and wished Heather well with her school board run;
- Randy enjoyed the Superbowl, noting that you “couldn’t stage one like that;”
- Carole appreciated the ambulance service’s work to stay current;
- Steve S welcomed Steve G, noting that Steve G has been in more clubs than Steve S has!
- Steve G thanked everyone for the warm welcome;
- Tony P appreciated the walnuts with the oatmeal this morning;
- John’s wife is skipping the drive to Texas with John, opting to fly instead.
- Diane and Elaine are excited about all of the students interested in the new summer exchange program;
- Heather enjoyed volunteering at FMSC with her daughter’s Girl Scout troop;
- Brian offered some “IOU Bucks,” noting that his wife “forgot to set out his money this morning.”

Follow the Australia GSE Team at
[www.facebook.com/RotaryGSE2017/!](http://www.facebook.com/RotaryGSE2017/)



Rotary is an organization of business and professional men and women united worldwide who provide **humanitarian** service, encourage **high ethical standards** in all vocations, and help **build goodwill and peace** in the world."

Rotary



www.rotary5960.org – check out the great things in our district!

AL ZDRAZIL, DOMESTIC VIOLENCE

One out of every four women will experience domestic violence in their lifetime.



Al Zdrzil Zdra004@umn.edu



Jan Barker janice.barker@co.ramsey.mn.us

Al Zdrzil is a St. Paul Rotarian and retired prosecutor who spent the last eight years of his career as the Minnesota Assistant Attorney General. Jan Barker is a prosecutor for Ramsey County specializing in felony domestic violence.

St. Paul Rotarian Al Drazil started his presentation with a short video, noting that domestic violence is about power and control. While it does sometimes include physical violence, that is just one type of domestic violence. Domestic violence is not typically a one-time occurrence; it typically takes seven interventions before the victim will leave the violence. Patterns of abuse include verbal abuse, emotional abuse, isolation, intimidation and threats, stalking and surveillance, sexual abuse, physical abuse, and financial control. Victims may suffer physical injury, depression, anxiety or PTSD; "it is more complex than just bruises or black eyes."

With economic abuse, the abuse may prevent access to bank accounts and/or control paychecks. From an employer's perspective, it is important to know that employees subjected to domestic violence want to work, feel safer at work than at home, don't want to lose their jobs, don't want others to think poorly of them, don't want the violence to impact their job, and fear if co-workers try to help. A well-meaning co-worker may decide to directly confront the abuser, not realizing that this only makes things worse for the victim.

Ramsey County Commissioner Victoria Reinhardt speaks publicly about her experience with domestic abuse from 1972-1985, when she was married to her first husband. She talks about domestic abuse as "paralyzing." Abusers may do many things that have a negative impact on the victim's performance at work, including hiring car keys, detaining the victim so they can't get to work, not showing up for childcare duties, resulting in the victim missing work. The outcome is often that the victim gets fired, meaning that they don't have an income, are further isolated, and feel trapped. Leaving the relationship then feels like even less of an option.

Domestic violence victims often face a choice between financial ruin or physical survival – for themselves and for their children. Employers can provide support for victims by providing time off to go to a court or doctor's appointment, heal from injuries, and/or meet with advocates or counselors. (Jan Barker noted that many abusers do not allow their victims to go to the doctor or hospital.) Employees in these situations may need more time off than is typically allowed by company policy; ultimately, this is a good investment by the employer, as they will have a better and more productive employee in the long run. Employers can also help employees build and implement a safety plan, connecting them with resources and providing a safety zone at and around the workplace. There are training and educational resources available for businesses, including sample policies for supporting employees who are victims of domestic violence. Court orders can also provide protection for victims through restraining orders, requiring abusers to give up firearms, requiring abusers to attend counseling, etc.



PROGRAM SCHEDULE

FEBRUARY

- Feb 7** Alfred Zdrzil, *Domestic Abuse*
- Feb 14** Club Assembly: *Structure and Bylaws*
- Feb 21** Tony Pedriana, *STRIVE*
- Feb 29** TBD

MARCH

- Mar 7** Jay Matchett, *Our Neighbors Place*
- Mar 14** TBD
- Mar 21** Roz Schnick, *The Brain Game*
- Mar 28** Bruce Siebold, *Eighty Acres Photography*

Have a Program idea? Talk to Bill Montgomery to schedule it!

DEVOTIONS, SET-UP AND TAKE-DOWN

Set Up / Take Down	
Feb 7	Bakken-Young & Miller / Bakken-Young & TBD
Feb 14	Wilson & Thoennes / Pedriana & Fodroczi
Feb 21	Morrisette & Pedersen
Feb 28	Thoennes & Jilek / Pedriana & Montgomery
Mar 7	Benson & Schroeder
Mar 14	TBD / TBD
Mar 21	Cudd & Fredrickson / Jilek & TBD
Mar 28	McKay & Odeen / Fodroczi & Odeen

DEVOTIONS JAN-MAR		
Jan	3	Thomas Pedersen
	10	Tony Pedriana
	17	Marti Piepgras
	24	Matt Russell
	31	Steve Schroeder
Feb	7	TBD
	14	Scot Simpson
	21	Karla Thoennes
	28	Mike Thompson
Mar	7	Dean Van Galen
	14	Jean Wespetal
	21	Rick Wilson
	28	Wayne Wulf

NOTE: If you are unable to attend, please make arrangements to have these responsibilities covered. Ideally you would find someone to trade with. *If you make a trade, please let the Tidings editor know.*

Rotary
District 5960



2016-2017 OFFICERS

- President: Brian McQuade
- President Elect: Heather Logelin
- Vice President: Rick Wilson
- Secretary: Drea Fults
- Past Pres.: Rosanne Bump
- Treasurer: Jayson Fredrickson
- Exec. Secretary: Peggy Chukel

2016-2017 DIRECTORS

- Community: Matt Russell
- International: Tony Jilek
- Club Service: Thomas Pedersen
- Vocational: Rosanne Bump
- Youth Protection: Linda Yde
- Youth Exchange: Elaine Baumann
- Public Relations: McKay/Leitch
- Membership: Terry McKay
- Programs: Bill Montgomery
- Foundation: Gorden Hedahl
- Sergeant at Arms: J. W. Matheson
- Newsletter: Heather Logelin
- Grantwriter: John Kremer
- Webmaster: Steve Leitch

PAST PRESIDENTS

- 1999: Tom Bloom
- 2000: Gorden Hedahl
- 2001: David Brassfield
- 2002: Randy Cudd
- 2003: Bill Montgomery
- 2004: Tom Palmer
- 2005: Connie Foster
- 2006: Steve Schroeder
- 2007: Carrie Fisher
- 2008: Kevin Pechacek
- 2009: Diane Odeen
- 2010: Tom Garfin
- 2011: Carole Mottaz
- 2012: Dale Jorgenson
- 2013: Elaine Baumann
- 2014: Scott Morrisette
- 2015: Rosanne Bump

ROTARIAN OF THE YEAR

- 2003: Tom Bloom
- 2005: Tom Garfin
- 2006: Dale Jorgenson
- 2006: Jerry Tack
- 2006: Kevin Pechacek
- 2007: John Kremer
- 2008 & 2009: Carole Mottaz
- 2010: Debbie Griffin
- 2011: Gorden Hedahl
- 2012: Pat O'Malley
- 2013: Bill Montgomery
- 2014: Vince Seidling
- 2015: Terry McKay
- 2016: Thomas Pedersen

Last	First	Work	Home	Email	Classification
Agrimson	Josh	425-6732	425-2172	agri0003@umn.edu	Dentist
Baumann*	Elaine	425-1835	425-5727	elaine.baumann1@gmail.com	High School Administration Retired
Benson	Jamie	425-1800	715-307-4869	jamie.benson@rfsd.k12.wi.us	School Administration
Blasius	Chris	425-2533	426-2053	chris@rfchamber.com	Chamber Executive
Bluhm*	Samantha	651-470-3252	425-0003	samanthabluhm@icloud.com	Writer/Life Coach
Boles*^	Joe	425-7281	425-6540	josephdboles@gmail.com	Judge
Borchardt	Traci	715-245-6877		tkolo@proactive.org	Job Developer
Bump*	Rosanne	651-223-7400	426-6505	rbump@winter-carnival.com	Nonprofit CEO
Cicchese	Larry	425-6179	425 6179	larrycicchese@baumanpcpa.com	Accountant
Cudd*	Randy	715-377-4747	425-9102	Randy@randvcudd.com	Real Estate-Sales
Drews	Jen	425-4481	813-541-7769	jen.m.drews@gmail.com	Higher Education
Farner	Justin		715-210-6831	jfarner@mifcontracting.com	Electrical Contractor
Fodroczi	Dave	425-5738	715-222-1192	dave@kinniriver.org	Natural Resource Management
Fredrickson*	Jason	426-2090	715-550-7673	jason.l.fredrickson@gmail.com	Accountant
Fults	Andrea	425-0720	715-505-2628	andrea.fults@uwrf.edu	Higher Ed Administration
Hedahl*+	Gorden	715-821-0614	426-6082	ghedahl@comcast.net	Higher Ed Fine Arts Retired
Heuertz	Rick	Retired	612-629-7157	rheuertz@comcast.net	Retired
Humbert	Rita	425-1815	651-346-1946	rita.humbert@rfsd.k12.wi.us	Elementary Ed Administration
Jilek	Tony	Retired	425-8923	ajilek@comcast.net	Higher Ed Ag Sciences
Johnson*	Jeff	426-3177	425-1444	jjohnson@fnbrf.com	Banking
Jorgenson*	Dale	Retired	425-2786	rvrld@yahoo.com	Laser Marking Retired
Kremer*	John	612-590-9540	381-9799	john@kremerservices.com	Automotive Dealer Retired
Leitch*	Steve	425-0159	425-8044	steve@leitchinsurance.com	Insurance Sales
Logelin*	Heather	715-307-6001	381-2788	heather.logelin@allina.com	Community Health & Philanthropy
Maplethorpe	Cheryl		425-5116	cheryl.kay.maplethorpe@gmail.com	Higher Education - Retired
Marsh	Ted	425-6309	651-442-8982	inhisresents@hotmail.com	Clergy
Matheson*	J.W.	715-386-1155	952-807-6877	jwmatheson@catalystsportsmedicine.com	Sports Medicine
McArdle^	Melissa	426-6000	715-338-0438	melissa.a.mcardle@gmail.com	Health Care Administration
McKay*	Terry	651-210-5669	425-1109	terry.mckay@sbcglobal.net	Real Estate Sales
McQuade*	Brian	715-307-7879	715-386-4454	bjmquade@gmail.com	Financial Advisor
Miller	Greg			gmliller@vibranthealthclinics.com	Medicine
Moe	Paul	425-8294	715-441-2382	paulandlorimoe@gmail.com	Business Administration
Montgomery*+	Bill	Retired	425-5426	wm13@pressenter.com	Clergy
Mottaz	Carole	Retired	425-7903	mottaz@pressenter.com	Higher Education
Morrisette*	Scott	715-246-8162	715-307-2335	smorrisette@msn.com	Banking-Commercial
Nelson	Scott	426-3534	952-797-3753	snelson@rfcity.org	Fire Chief
Neuhaus*	Max	425-7281	715-410-7296	max@rodlibeskar.com	Attorney
Nylander*+	Virgil		425-6277	nylandervirgil@comcast.net	Higher Ed Administration Retired
O'Malley	Pat	425-9882	425-9882	info@kilkarneyhills.net	Aviation Retired
Odeen*	Diane	612-309-6731	426-5325	dodeen@gmail.com	Attorney at Law
Owens	Bob	715-245-0028	426-9291	bobowens.rf.wi@gmail.com	Computer Consulting
Palmquist	Joel		715-821-2792	jkponthehouse@hotmail.com	Housing Construction
Pechacek*^	Kevin	425-8100	426-2036	kevin@thewestwind.com	Restaurateur
Pedersen	Thomas	425-4555	920-203-0776	thomaspedersen26@hotmail.com	Higher Ed-Student Services
Pedriana*	Tony	Retired	715-220-2942	anaped44@sbcglobal.net	School Administration Retired
Piegras*	Marti	425-6177	425-2077	marti@steroixgas.com	Utilities Management
Ross* ^	Dan	425-9011	425-9061	dross@rosscm.com	Construction-Manager
Russell	Matt	426-3115	425-9293	mrussell2112@msn.com	Banker
Schroeder*	Steve	612-817-6626	425-1704	icasws@comcast.net	Insurance/Finance
Simpson	Scot	426-3402	629-7350	ssimpson@rfcity.org	Public Administration
Thoenmes	Karla	425-4666	701-799-0473	karla.thoenmes@uwrf.edu	Higher Ed Residence Life
Thompson	Mike	715-529-1910	425-8897	thompsonmd61@gmail.com	Sales
Van Galen	Dean	425-3201		dean.vangalen@uwrf.edu	Higher Ed Administration
Wespetal	Jean	Retired		jean.wespetal@rfsd.k12.wi.us	Honorary Member – Special Ed
Wilson	Rick		715-629-7723	rwilson231@aol.com	Materials Engineer
Wulf*	Wayne	866-559-1800	426-1800	Wayne.S.Wulf@ampf.com	Financial Services
Yde	Linda	Retired	425-0080	lmyde@dishup.us	Health Care Administration
Young	Gordie	425-0909		gordie2000us@yahoo.com	Law Enforcement
Young*	Jodie	425-8788	386-2402	info@bakken-young.com	Funeral Director
Zimmerman	Shannon	426-9505	651-492-3336	szimmerman@sajan.com	Language Translation

*Members indicated with an asterisk are Paul Harris Fellows at this time. PH Fellows have contributed more than \$1000 US to the Rotary Foundation.

+ Indicates members who are also Rotary Benefactors, leaving at least \$1000 to the Rotary Foundation in their wills.

^ Indicates members who do not attend weekly meetings but participate in other club projects and activities.